

Carrot

Suggested varieties: *Nantes 2*, *Napoli F1* (early); *Flakkee*, *Resistaflly F1* (maincrop)

Vegetable

PLANT



Regularly sow seed 1cm deep in rows 10-15cm apart. Thin seedlings to 7cm. Remove thinnings so not to attract 'carrot root fly'. Choose deep sandy soil for long roots

GROW



Remove weeds by hand. Water fortnightly in dry weather for steady growth. If left dry for too long, sudden watering or rain can cause the roots to 'split' open

EAT



Start lifting roots when still quite small, eating thinnings and leaving others grow on. Twist off the leaves rather than cutting. Lift maincrop carrots for storage from September

Growing guide

Give it a go...

Average time to harvest

10 weeks (early); 16 (maincrop)

Equipment needed

Horticultural fleece

Germination time

17 days

Average plant size

30cm tall, 15cm wide

Family group to grow with

Apiaceae: parsnip, celery

Seed saving group

4 - Biennial, needs isolation

Key nutritional content

Vitamin A

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D
	🌱🌱🌱										

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest

🌱 Use cloche

2.5cm = 1 inch 30 cm = 1 foot

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