

Celery

Suggested varieties: *Daybreak*, *Green Utah* (self-blanching); *Solid White* (trench)

Vegetable

PLANT



Sow seed 0.1cm deep in pots. Harden off and transplant 15-30cm apart. Plant 'trench' varieties at the base of a 10cm deep trench; backfilling left-over soil to 'blanch' (below)

GROW



Water in dry weather. For best flavour, 'blanch' trench varieties when 30cm tall (tie newspaper 'columns' around stems, leaving leaf tips showing; pull soil around)

EAT



Dig up as required; finish harvesting 'self-blanching' varieties before frosts, trenched plants from October. Harvest before leaves yellow

Growing guide

Trickier

Average time to harvest

25wks (self-blanching); 40(trench)

Equipment needed

Newspaper (optional)

Germination time

12-18 days

Average plant size

45cm tall, 30cm wide

Family group to grow with

Apiaceae: carrot, parsnip

Seed saving group

4 - Biennial, needs isolation

Key nutritional content

Vitamin C

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D
		■	■		■	■					
■	■							■	■	■	■

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest



Use cloche

2.5cm = 1 inch 30 cm = 1 foot

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