

Onion, Salad

Vegetable



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Suggested varieties: *Crimson Forest, De Rebouillon, White Lisbon*

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PLANT



Regularly sow seed 0.5cm deep in rows 10cm apart. Thin seedlings if needed to 2.5-5cm. Remove thinnings so not to attract 'onion root fly'

GROW



Weeds easily damage plants so carefully remove by hand. Water plants in dry weather for steady growth. Break off any flower stems that appear

EAT



Gently lift bulbs when 1-2cm across and the leaves are still green. Loosen with a hand fork if needed. Sowing regularly will give a succession of harvests

Growing guide

Easy!

Average time to harvest

10-12 weeks

Equipment needed

None

Germination time

21 days

Average plant size

20cm tall, 5cm wide

Family group to grow with

Alliaceae: garlic, shallot

Seed saving group

2 - Annual, can cross-pollinate

Key nutritional content

Folate, vitamin C, iron, vit. A

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest

Use cloche

2.5cm = 1 inch 30 cm = 1 foot