## Pepper

Vegetable



Sow seed 0.2cm deep in pots. Re-pot several times before transplanting into large final pots in a greenhouse (preferable) or outdoors in a sheltered site



GROW

Stake plants and feed regularly with an organic high-potash feed. Keep soil moist, but not too wet. Hand pollinate flowers with a small paint brush to encourage fruit set

Start picking when green, swollen and glossy. Leave peppers longer to develop mature colour and sweeter taste. Pick regularly for more fruit

Spring Term			Summer Term					Autumn/Winter Term			
J	F	M	A	Μ	J	J	A	S	0	Ν	D
Sow indoors		Sow outdoors			Plant out/transplant			Harvest		Use cloche	

## Growing guide Trickier Average time to harvest 20 weeks Equipment needed Stakes, twine, feed Germination time 14-21 days

Average plant size 50cm, 20cm wide

Family group to grow with Solanaceae: aubergine, tomato

Seed saving group 2 - Annual, can cross-pollinate

**Key nutritional content** *Vitamin A, vitamin C* 

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