

# Swede

Suggested varieties: *Helenor, Marian, Willhemsburger*

## Vegetable

### PLANT



Regularly sow seed 1cm deep in rows 30-40cm apart. Thin seedlings in several stages to 20cm. Choose fertile moist soil in sunny site

### GROW



Remove weeds by hand. Water in dry weather to prevent roots becoming woody. Roots may also 'split' if left dry for too long and then watered

### EAT



Dig up as required when roots are 10-15cm in diameter. Harvest remainder by December as roots become woody if left; can store inside over winter in trays in a cool place

### Growing guide

Easy!

### Average time to harvest

20-26 weeks

### Equipment needed

None

### Germination time

6-10 days

### Average plant size

25cm tall, 30cm wide

### Family group to grow with

*Brassica: cauliflower, turnip*

### Seed saving group

4 - Biennial, needs isolation

### Key nutritional content

Vitamin C

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest



Use cloche

2.5cm = 1 inch 30 cm = 1 foot

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