

# Asparagus

Suggested varieties: *Ariane F1*, *Connover's Colossal*, *Pacific 2000 F1*

## Vegetable

### PLANT



Plant one year old 'crowns' 30cm apart, spreading roots over a 10cm high ridge in a 20cm deep trench. Half fill with soil; backfill the rest as plants grow

### GROW



Water until established. Remove weeds by hand as plants are shallow rooted. Stake on windy sites. Cut stems to 2.5cm when leaves yellow in autumn

### EAT



Harvest from second year. Cut 15-20cm high 'spears' just below the soil surface for eight weeks; then let shoots grow. Plants produce for 15 years

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D
		■	■								
				■	■	■					

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest



Use cloche

### Growing guide

Give it a go...

### Average time to harvest

24 months

### Equipment needed

Stakes, twine

### Germination time

7-21 days

### Average plant size

120cm tall, 30cm wide

### Family group to grow with

None (long term crop)

### Seed saving group

5 - Specialist or not applicable

### Key nutritional content

Folate, vitamin C

2.5cm = 1 inch 30 cm = 1 foot

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