

Aubergine

Suggested varieties: *Black Beauty*, *Long Purple*, *Orlando F1*

Vegetable

PLANT



Sow seed 0.1 cm deep in pots. Transplant into large pots in a greenhouse (preferable) or plant 45cm apart outdoors (choose sheltered sunny site)

GROW



Keep soil moist. Feed with an organic high-potash feed. Remove growing tip when 30cm tall (for bushy habit) and all flowers once five fruits have set

EAT



Cut aubergines with a 2cm long stalk when a good size, but before the surface shine has gone. Dull fruit are usually over ripe and bitter

Growing guide

Trickier

Average time to harvest

16-20 weeks

Equipment needed

Stakes, twine, feed

Germination time

14-21 days

Average plant size

60cm tall, 30cm wide

Family group to grow with

Solanaceae: potato, pepper

Seed saving group

2 - Annual, can cross-pollinate

Key nutritional content

Fibre, vitamin C

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D
		■	■	🏠	■						
				🏠	■		■	■			

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest

🏠 Use cloche

2.5cm = 1 inch 30 cm = 1 foot

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