

Clover



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Suggested species: *Trifolium incarnatum* (crimson), *Trifolium pratense* (red)

PLANT



Sow seed at 1-2g/m² by scattering on soil surface; rake lightly and tamp down. Grow with fruit or in same area (rotation) as other legume plants (eg beans). Thrives in low fertility soil

GROW



Usually quick growing. Will fix nitrogen (plant nutrient) in roots, feeding next crop after digging in. Cut back to stimulate new growth before 30cm tall or earlier if weedy

DIG



Cut or mow before digging in four weeks before soil needed, or overwinter after frost kills leaves. Crimson clover (short term) dies after flowering, unlike longer term red clover

Growing guide

Easy!

Average growing period

8-12wks (crimson) 12-72 (red)

Equipment needed

None

Germination time

5-15 days

Average plant size

Up to 30cm tall

Family group

Legumes: beans, peas

Seed saving group

I - Annual, self-pollinating

Key nutritional content

Not eaten

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Cut down/dig in

2.5cm = 1 inch 30 cm = 1 foot