## Phacelia Suggested species: Phacelia tanacetifolia (botanical name)



Sow seed at Ig/m<sup>2</sup> by scattering on soil surface; rake and tamp down. Can also sow in rows 15cm apart. Grow in any area, ie any time during rotation. Suits most soils



Establishes quickly. Suppresses weeds. Stops nutrients leaching from soil between harvest in warmer months. Purple flowers attract beneficial insects



Cut down or mow before digging in four weeks before soil needed and before plants set seed. Can leave overwinter after frost kills leaves. Frost may kill plants

Spring Term			Summer Term					Autumn/Winter Term			
J	F	M	A	M	J	J	A	S	0	N	D
Sow indoors		So	w outdo	ors	Plant out/transplant			Cut down/dig in			



Family group Miscellaneous

Seed saving group I - Annual, self-pollinating

Key nutritional content Not eaten

## www.gardenorganic.org.uk

## **Phacelia**



