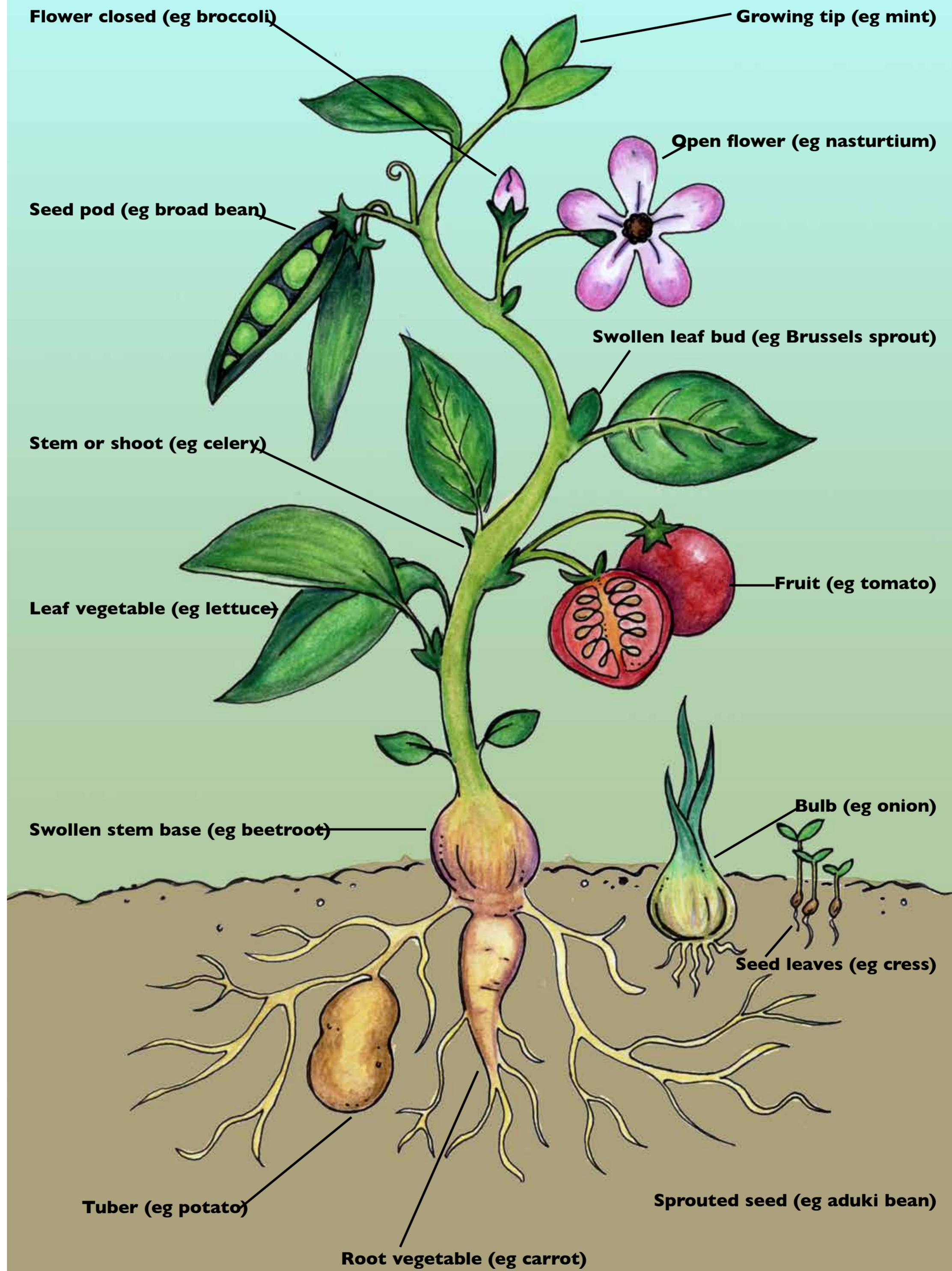


Edible plant parts

Plants offer us so much. Almost every part can be edible, but which ones?



Illustrations: Verity Thompson



Further information

Booklets: Bronze, Silver and Gold
Food Growing Instruction Cards
Garden Organic

www.gardenorganic.org.uk/schools

Strawberry

GROW PLANT

- Plant pot grown or bare root 'runners' (young plants). Space 30cm apart in rows at 60cm. Can grow in large pots. Choose well drained fertile soil in sunny site.
- Water, feed. Protect from slugs. Net over to deter birds.
- Remove first flush of flowers for good crop in second year.
- Keep fruit clean with straw, sheeting or mats underneath.
- Pick fully coloured. Cover with horticultural fleece for longer harvest. Replace plants every three years to maintain crop quality (use new location). Pot up or remove runners.

EAT

Month	Spring	Summer	Autumn	Winter
Availability	✓	✓	✓	✓

Plant and replace | Harvest | Use once

www.gardenorganic.org.uk

