

Kitchen to compost

Put your kitchen waste to good use and reduce landfill

✓ Yes

✗ No

- ✓ Potato peelings
- ✓ Vegetable peelings
- ✓ Egg shells
- ✓ Cardboard egg trays
- ✓ Tea bags
- ✓ Uncooked fruit
- ✓ Carrot tops
- ✓ Coffee grounds
- ✓ Brussels sprout stalks

- ✗ Meat
- ✗ Fish
- ✗ Cooked food
- ✗ Cakes
- ✗ Bread
- ✗ Bones
- ✗ Pasta
- ✗ Liquids *eg custard, gravy*
- ✗ Dairy products



Egg shell



Potato peelings



Egg tray



Veg peelings



Banana skins



Orange peel



Tea bags



Bones



Cooked veg



Fish



Cheese



Bread



Pasta



Meat



Further information

Home composting www.homecomposting.org.uk
 Community Composting Network www.communitycompost.org
 'All about compost' by Pauline Pears and Charlotte Green
www.gardenorganic.org.uk/schools



www.foodforlife.org.uk