

The biology and non-chemical control of Hedge Mustard (Sisymbrium officinale (L.) Scop.)

W Bond, G Davies & R Turner

HDRA, Ryton Organic Gardens, Coventry, CV8, 3LG, UK

Hedge mustard

(Common sisymbrium) Sisymbrium officinale (L.) Scop.

Occurrence

Hedge mustard is an erect annual or overwintering plant, native in waste places on rough and cultivated ground (Stace, 1997). Hedge mustard also grows in disturbed sites such as gardens, roadsides and field margins (Clapham *et al.*, 1987). It is very common throughout the UK and is recorded up to 1,000 ft (Salisbury, 1961).

In a survey of weeds in conventional winter oilseed rape in central southern England in 1985 hedge mustard was found in 7% of the fields surveyed but was largely confined to the field margins (Froud-Williams & Chancellor, 1987). However, this may have been the result of herbicide application within the cropped area. It is one of the commonest crucifers in Britain (Rich, 1991). A study of changes in the weed flora of southern England between the 1960's and 1997 suggests that hedge mustard has become more common (Marshall *et al.*, 2003).

Hedge mustard has some therapeutic and medicinal uses (Barker, 2001).

Biology

Hedge mustard flowers from May to October according to Listowski (1966), June to July according to Clapham *et al.* (1987) and all year but mainly in summer according to Rich (1991). Each seedpod contains an average of 15 seeds (Salisbury, 1961). The seed number per plant 2,700 (Hanf, 1970). A large plant may produce 9,500 seeds. The average seed number per plant in ruderal situations is given as 4,623 (Pawlowski *et al.*, 1967).

Light and nitrate levels are limiting factors for seed germination (Hilhorst & Toorop, 1997). Nitrate level in the seeds has been positively correlated with germination level. For optimal germination in the laboratory, hedge mustard required a combination of chilling at 2°C, light and nitrate prior to transfer to an incubation temperature of 24°C (Karssen & De Vries, 1983). A 2-month period of moist storage at 5°C did not promote seed germination (Grime *et al.*, 1981).

The germination response of buried seeds is subject to seasonal changes (Bouwmeester & Karssen, 1993). Temperature is the main factor regulating the changes. Dormancy is relieved in periods of low temperature and induced in periods of high temperature unless conditions are exceptionally dry (Karssen, 1980/81a). Fresh and recently buried seeds germinate at elevated temperatures whereas seeds buried for longer germinate better at low temperatures. Buried seeds exhumed at intervals and tested for germination, had a light requirement at burial but lost this with time during burial (Bouwmeester & Karssen, 1989). Germination was improved by



nitrate and by desiccation. Increased levels of soil moisture can stimulate the development of secondary dormancy in buried seeds (Karssen, 1980/81b).

In the field, seedlings emerge from autumn to early spring. Seed mixed into the surface 25 mm of soil in boxes out of doors and stirred periodically emerged from December to June (Chancellor, 1979). There was some variation between different years in the peak periods of emergence. Seed sown in early-May germinated in 7 days (Long, 1938). In a sandy loam soil, field seedlings emerge from the top 0 to 35 mm of soil with the majority emerging from the surface 25 mm (Unpublished data).

Hedge mustard overwinters as a rosette of leaves (Salisbury, 1961).

Persistence and spread

Seed recovered from excavations and dated at 30 years old has been found to germinate (Ødum, 1974). Seed in dry-storage gave 100% germination after 5 years (Comes *et al.*, 1978). Seed submerged in water did not germinate after a 3-month period. However, in studies with seeds buried at 2.5, 10.0 or 17.8 cm deep in soils with different water tables, seeds of hedge mustard did not deteriorate as quickly as those of other species (Lewis, 1961). Most seeds survived 1 month of burial but germination levels were much less after a further month. Waterlogging appeared to induce dormancy and prevent sprouting in situ.

Management

Hedge mustard plants growing along the field margin should be cut down and plants that encroach onto arable land should be hoed out (Morse & Palmer, 1925). Seeding must be prevented (Long, 1938).

Acknowledgement

This review was compiled as part of the Organic Weed Management Project, OF 0315, funded by DEFRA.

References

- **Barker J** (2001). *The medicinal flora of Britain and Northwestern Europe*, Winter Press, West Wickham, Kent, UK.
- Bouwmeester H J & Karssen C M (1989). Environmental factors influencing the expression of dormancy patterns in weed seeds. *Annals of Botany* **63**, 113-120.
- Bouwmeester H J & Karssen C M (1993). Annual changes in dormancy and germination in seeds of Sisymbrium officinale (L.) Scop. New Phytologist 124, 179-191.
- **Chancellor R J** (1979). The seasonal emergence of dicotyledonous weed seedlings with changing temperature. *Proceedings of the EWRS Symposium The influence of different factors on the development and control of weeds*, 65-72.
- **Clapham A R, Tutin T G, Moore D M** (1987). *Flora of the British Isles*, 3rd edition, Cambridge University Press, Cambridge, UK.
- Comes R D, Bruns V F, Kelley A D (1978). Longevity of certain weed and crop seeds in fresh water. *Weed Science* 26 (4), 336-344.
- **Froud-Williams R J & Chancellor R J** (1987). A survey of weeds of oilseed rape in central southern England. *Weed Research* **27**, 187-194.



- Grime J P, Mason G, Curtis A V, Rodman J, Band S R, Mowforth M A G, Neal A M, Shaw S (1981). A comparative study of germination characteristics in a local flora. *Journal of Ecology* 69, 1017-1059.
- Hanf M (1970). Weeds and their seedlings. BASF UK Ltd.
- Hilhorst H W M, Toorop P E (1997). Review on dormancy, germinability, and germination in crop and weed seeds. *Advances in Agronomy* **61**, (ed. D L Sparks), 111-165.
- Karssen C M (1980/81a). Patterns of change in dormancy during burial of seeds in soil. *Israel Journal of Botany* **29**, 65-73.
- Karssen C M (1980/81b). Environmental conditions and endogenous mechanisms involved in secondary dormancy of seeds. *Israel Journal of Botany* **29**, 45-64.
- Karssen C M & De Vries B (1983). Regulation of dormancy and germination by nitrogenous compounds in the seeds of *Sysimbrium officinale* L. (hedge mustard). Aspects of Applied Biology 4, Influence of environmental factors on herbicide performance and crop and weed biology, --.
- Lewis J (1961). The influence of water level, soil depth and type on the survival of crop and weed seeds. *Proceedings of the International Seed Testing Association* 26 (1), 68-85.
- **Listowski A** (1966). Further observations on the development of hibernating annual plants (Observations on plant development XIII). *Acta Societas Botanicorum Poloniae* **XXXV** (3), 455-460.
- Long H C (1938). Weeds of arable land. *MAFF Bulletin* 108, 2nd edition. HMSO, London, UK.
- Marshall E J P, Brown V K, Boatman N D, Lutman P J W, Squire G R, Ward L K (2003). The role of weeds in supporting biological diversity within crop fields. Weed Research 43, 1-13.
- Morse R & Palmer R (1925). *British weeds their identification and control*. Ernest Benn Ltd, London.
- Ødum S (1974). Seeds in ruderal soils, their longevity and contribution to the flora of disturbed ground in Denmark. *Proceedings of the 12th British Weed Control Conference*, Brighton, UK, 1131-1144.
- Pawlowski F, Kapeluszny J, Kolasa A, Lecyk Z (1967). Fertility of some species of ruderal weeds. Annales Universitatis Mariae Curie-Sklodowska Lublin-Polonia 22 (15), 221-231.
- Rich T C G (1991). Crucifers of Great Britain and Ireland. *BSBI Handbook No. 6.* Botanical Society of the British Isles.
- Salisbury E J (1961). Weeds & Aliens. New Naturalist Series, Collins, London.
- Stace C (1997). New Flora of the British Isles. 2nd edition. Cambridge University Press, Cambridge, UK.